

Suggested Meal Donation  
 \$3.25 for 60 and over  
 Guest Fee for under 60 \$6.00

**Schenectady Jewish Community Center  
 Senior Meal Center**

Transportation available, call:  
 357-9801  
 Suggested Donation: \$2.50 Round-Trip

**September 2010 Activity Calendar**

Diane Frank, Meal Center Manager  
 Annie Ciotoli, Kosher Cook

Open Monday, Wednesday & Friday  
 9am – 2pm

**Call for Meal Reservations: 377-8803**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 11:00 BLOOD PRESSURE CLINIC	2	3 11:00 ARTS & CRAFTS Make Rosh Hashanah Cards  11:55 Welcome Shabbat
6 MEAL CENTER CLOSED FOR LABOR DAY	7	8 11:00 PENNY BINGO  11:45 SOUNDS OF THE SHOFAR	9	10 JCC CLOSED FOR ROSH HASHANAH
13 11:00 PIANO MUSIC  11:30 TELL US ABOUT YOUR GRANDCHILDREN (Sun 9/12 is Grandparent's Day!)	14	15 TRIP TO BOWMAN ORCHARDS FOR APPLE PICKING, TROLLEY RIDE AND COUNTRY STORE \$2.00 Fee for Trip	16	17 11:30 Denise Kolankowski Cornell Cooperative Extension "Functional Foods" 11:55 Welcome Shabbat SEPT. BIRTHDAYS PARTY
20 11:00 PIANO MUSIC	21	22 11:00 PENNY BINGO	23	24 JCC CLOSED FOR SUKKOT
27 11:00 PIANO MUSIC	28	29 11:00 SNACK IN THE SUKKAH (Outside Back JCC Entrance)	30	