







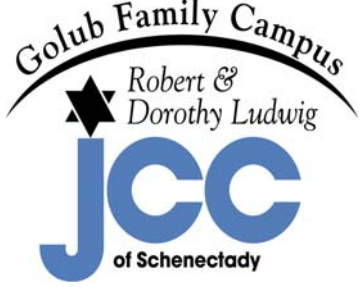




Schaffer Gymnasium Schedule: March 1st - April 2nd, 2010

	5:30-6:30 am	6:30-9am	9 am - 12 pm	12 pm - 3 pm	3 pm-5:30 pm	5:30 pm-6:30pm	6:30pm-9:45pm		
Monday	Boot Camp Challenge 5:30-6:30 am 	*Open Gym* 6:30 - 9 am	<u>ECE Day Care</u> 9 am - 12 pm	<u>Half ECE Day Care/ Half *Open Gym*</u> 12 - 3 pm	<u>ASEP Program</u> 3 pm - 5 pm	<u>ZUMBA</u> 5:30 pm - 6:30 pm	<u>3 v 3 Basketball League</u> 6:30 pm - 9:45 pm 		
Tuesday	*Open Gym* 5:30 - 9 am	<u>ECE Day Care</u> 9 am-12pm	*Open Gym* 12 - 1 pm	<u>ECE Day Care and ASEP Program</u> 1 pm - 5:30 pm	5:30 pm- 8 pm <u>Pickleball</u> 5:30 pm - 8 pm 		8 pm - 9:45pm <u>Ultimate Frisbee</u> 8 pm - 9:45 pm		
Wednesday	Boot Camp Challenge 5:30 - 6:30 am 	*Open Gym* 6:30 - 9 am	<u>ECE Day Care</u> 9 am - 12 pm	12 pm - 1 pm <u>Adult Lunch Hour Basketball</u> 12 pm - 1pm 	1 pm- 3 pm <u>Half ECE Day Care/ Half *Open Gym*</u> 1 pm - 3 pm	<u>ASEP Program</u> 3 pm - 5 pm	5 pm - 6 pm *Open Gym* 5 pm - 6 pm	6 pm-8 pm <u>Volleyball</u> 6 pm - 8 pm	8 pm-9:45 pm <u>Pick-up Basketball</u> 8 pm- 9:45 pm \$3 non-members 
Thursday	*Open Gym* 5:30 - 9 am	<u>ECE Day Care</u> 9 am - 12pm	*Open Gym* 12 - 1 pm	<u>ECE Day Care and ASEP Program</u> 1 pm - 5 pm	5pm-7pm *Open Gym* 5pm - 7pm		7pm-8:30pm <u>CYO Basketball</u> 7pm-8:30pm		8:30pm-9:45pm *Open Gym* 8:30pm-9:45pm
Friday	Boot Camp Challenge 5:30 - 6:30 am 	*Open Gym* 6:30 - 9 am	<u>ECE Day Care</u> 9 am - 10 am	10 am-11am <u>Tot Spot</u> 10 am - 11 am	11 am- 12 pm *Open Gym* 11 am - 12 pm	12 pm-1 pm <u>Adult Lunch Hour Basketball</u> 12 - 1 pm 	1 pm - 3 pm <u>Half ECE Day Care/ Half *Open Gym*</u> 1 pm - 3 pm	3 pm-4:45pm <u>ASEP Program</u> 3 pm - 4:45 pm	
Saturday	12 pm - 5:45 pm *Open Gym* 12 pm - 5:45 pm								
Sunday	8 am 10 am *Open Gym* 8 am - 10 am	10am-12:30pm <u>Pick-up Basketball</u> \$5 for Non-Members 10am-12:30pm 	12:30pm-2pm *Open Gym* 12:30 - 2 pm	2 pm - 3 pm <u>Birthday Parties</u> 2 pm - 3 pm 	3 pm - 5:45 pm *Open Gym* 3 pm-5:45 pm				

Notes:

JCC closes at 5 pm on March 29th, and is closed all day March 30th & 31st for Passover.

For birthday party information contact Chris Belden 377-8803

****Remember to bring your membership card and to sign in each time you visit the JCC****

Mon-Thurs
 5:30am-9:45 pm
 Fri 5:30am-4:45 pm
 Sat 12pm - 5:45pm
 Sun 8 am - 5:45 pm

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