

Meet Our New Trainers



Ashley Robinson



Sarah James



Helen Lawson

Sunday October 18th

9:00 am - 12:00 pm

Meet and Greet

Free Fitness Consultation

Workout Demonstrations

Introductory Training Package \$150 (\$99 Members) *New Clients Only

Special Price on MYZONE Heart Rate Monitor Available With Session Purchase!!

ADDITIONAL SAVINGS On Future Packages

2565 Balltown Road, Niskayuna, NY 12309
(518) 377-8803

* Contact Terry Santoro for more information
terrys@schenectadyjcc.org