

# SJCC BOOT CAMP W/ COACH JOHN FUREY

8 Weeks | 8 sessions:  
October 30th to December 18th  
Tuesdays  
5:45 - 6:30 pm

To register or for more information contact  
Josh at [joshw@schenectadyjcc.org](mailto:joshw@schenectadyjcc.org) or  
call 518-377-8803 ext 255

**\$109**

**\$79**  
**SJCC MEMBER**



Robert and Dorothy Ludwig  
**Schenectady JCC**  
GOLUB FAMILY CAMPUS  
*For you, your family and your community*

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