

Doreen Wright - Program Manager

Kevin Cornils - Kosher Cook

## Jewish Community Center "Friendship Café"

2565 Ball town Road, Schenectady, NY 12309

**June 2019**

Café Hours:

Monday, Wednesday and Friday 10:00am-1:00pm

518-377-8803

**For Meal and/or Transportation**

**Reservations, call 518-377-8803**

**Suggested Meal Contribution**

Participants 60 and over - \$3.50

Guest Under 60 - \$6.75

**Suggested Transportation**

**Contribution \$1.25 Each way**

**Food Stamps Welcome**

2% and skim milk served daily

Sponsored by Catholic Charities Senior & Caregiver Support Services

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3-Jun  Chicken Salad Sandwich on WW Bread Green Peas Cole Slaw Apple Sauce		5-Jun  Beef and Bean Burrito Sweet Potato Fries Mandarin Oranges		7-Jun  Breaded and Baked Fish Cucumber and Tomato Salad Glazed Carrots Garlic Mashed Potato Rye Bread Peach Cobbler
10-Jun  Hot Dogs (2) Vegetarian Baked Beans Sliced Tomato Cole Slaw with Carrots Watermelon		12-Jun  Chicken and Vegetable Kabob Baked Sweet Potato Brown Rice Orange Juice Black Bean Brownie		14-Jun  Potato and Tuna Patty Pickled Beets Pasta Salad w/Broccoli & Tomato Cranberry Juice Blend Rye Bread Apricots
17-Jun  Sloppy Joes on WW Bun Sweet Potato Fries Green Peas Pineapple		19-Jun  Chicken Salad Sandwich on Crusty Bread Butternut Squash Three Bean Salad Orange Juice Frozen Dessert		21-Jun  Baked Fish with Tomatoes, Mushrooms Peppers Roasted Carrots Cranberry Juice Blend Brown Rice / WW Bread Fresh Fruit
24-Jun  Spaghetti and Meatballs Mixed Vegetables Italian Bread Mandarin Oranges		26-Jun  Chicken Primavera Carrots Brown Rice WW Bread Sliced Bananas in a Tart with Whipped Topping		28-Jun  Baked Breaded Fish Sandwich on WW Bun Sliced Tomatoes Roasted Potatoes Carrot Raisin Salad Fresh Orange

The program is funded by the Older Americans Act, NYS Office for the Aging, Schenectady County and contributions. The program provides services and access to services without regard to race, religion, sex, national origin, partisan, affiliation or sexual orientation.