

Doreen Wright, Program Manager, Friendship Café  
 Steven Nagy, Friendship Café Kosher Cook

**Jewish Community Center**  
 2565 Balltown Road, Niskayuna, NY  
**"Friendship Café" Menu**  
**Mar-18**

518-377-8803  
 Hours: Monday, Wednesday, & Friday 10am-2pm

Sponsored by: Catholic Charities Senior & Caregiver Support Services

**For Meal and/or Transportation**  
 Reservations, call 518-377-8803  
**Suggested Meal Contribution**  
 Participants 60 and over-\$3.50  
 Guests under 60-\$6.00  
**Suggested Transportation Contribution**  
 \$1.25 Each way

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2 Baked Fish Chic Pea Salad Herb Tomatoes Brown Rice Rye Bread Baked Dessert
5 Meatloaf Roasted Tomatoes Mashed Sweet Potatoes Wheat Bread Grapes	6	7 Meal @ Glenville Meal Site	8	9 <i>Tarragon Tomato</i> baked Fish Potatoe w Green Beans Bread Peach Cobbler
12 Meal @ Glenville Meal Site	13	14 Hungarian Meatball Stew Roasted Potatoes Egg Noodles Wheat Bread Baked Dessert	15	16 Salmon Pattie Baked Sweet Potato Wheat Bread Tropical Fruit
19 Sloppy Joes with roll Sweet Potato Fries Peas Orange	20	21 Baked Chicken w Garlic and Herbs Roasted Potatoes Green Beans OJ/Bread Apricots	22	23 Baked Fish w Tomatoes mushrooms & peppers Roasted carrots Brown Rice Wheat Bread Frozen Dessert
26 Pasta & Meat Sauce Mixed Vegetables Italian Bread Mandarin Oranges	27	28 Roast Turkey w Gravy Garlic Mashed Potatoes Butternut Squash OJ /Bread Stuffing/Roll Pumpkin Cupcakes	29	30 CLOSED

The Senior Nutrition and Transportation Program is operated by the Schenectady County Office for the Aging under contract with Catholic Charities Senior & Caregiver Support Services. The program is funded by the Older Americans Act, NYS Office for the Aging, Schenectady County and contributions. The program provides services and access to services without regard to race, religion, sex, national origin, partisan, affiliation or sexual orientation.