

Suggested Meal Contribution

Participants 60 and over - \$3.50 Guest Under 60 - \$6.00

Food stamps Welcome

Doreen M. Wright, Program Manager, Friendship Café

Stephanie Rousseau, Site Coordinator, Friendship Café

Steven Nagy, Friendship Café

Kitchen Aide

Jewish Community Center

2565 Balltown Road, Schenectady, NY 12309

"Friendship Café" Menu

Jul-18

Call for Meal Reservations: 377-8803

Sponsored by Catholic Charities Senior & Caregiver Support Services

Transportation available

Call: 357-9801

Suggested Contribution

\$1.25 each way

Café Hours: Monday, Wednesday and Friday's 9:00am-2:00pm

2% & Skim served daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Chicken Salad Sandwich on Wheat Bread Coleslaw Green Peas Apple Sauce	3	4 CLOSED	5	6 Breaded Baked Fish Cucumber and Tomato Salad Glazed Carrots Garlic Mashed Potatoes Rye Bread Peach Cobbler
9 Hot Dogs Vegetarian Baked Beans Coleslaw Mandarin Oranges	10	11 Chicken and Vegetable Kebob Baked Sweet Potato Long Grain Brown Rice Orange Juice Baked Dessert	12	13 Potato and Tuna Patty Pickled Beets Cranberry Juice Pasta Salad Rye Bread Apricots
16 Sloppy joe on Hamburger Bun Sweet Potato Fries Peas Pineapple	17	18 Chicken Salad Sandwich Carrot and Rasin salad Grapes Orange Juice Frozen Dessert	19	20 Baked Fish with with Tomatoes.mushrooms and peppers Long Grain Brown Rice Wheat Bread Fresh Fruit
23 Spaghetti and Meatballs Mixed Vegetables Italian Bread Mandarin Oranges	24	25 Chicken Primavera Carrots Long Grain Brown Rice Wheat Breat Bananas	26	27 Baked Fish Sandwich on Bun Three Bean Salad Sweet Potato Fries Fresh Orange
30 Vegetable Omelet Cranberry Juice English Muffin Frozen Dessert	31			

The Senior Nutrition and Transportation Program is operated by the Schenectady County Office for the Aging under contract with Catholic Charities Senior & Caregiver Support Services.

The program is funded by the Older Americans Act, NYS Office for the Aging, Schenectady County and contributions. The program provides services and access to services without regard to race,religion, sex, national origin, partisan, affiliation or sexual orientation.